

# PROSCIUTTO COTTO ITALIANO

## SMOKED HAM

### Nutrition Facts

Serving Size 1 oz (28g)

Servings Per Container Varied

#### Amount Per Serving

**Calories** 50      **Calories from Fat** 30

#### %Daily Value\*

**Total Fat** 3.5g      **6%**

Saturated Fat 1.5g      **7%**

**Cholesterol** 16mg      **5%**

**Sodium** 200mg      **8%**

**Total Carbohydrate** 0g      **0%**

Dietary Fiber 0g      **0%**

Sugars 0g

**Protein** 5g

Vitamin A 0%      •      Vitamin C 0%

Calcium 0%      •      Iron 1%

Potassium 2%

\* Percent Daily Values are based on a 2,000 calorie diet.